

COLLABORATION

ARCH TOOLKIT

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ATTACHMENT:

Youth and families that feel supported and connected.

SELF-REGULATION:

Youth and families who have built self-regulation skills to cope with emotions and stress.

COMPETENCY:

Youth and families who have competencies in academics and skills built for careers and personal growth (academic & life skills).

HEALTH:

Youth and families with improved health and wellness.

COLLABORATION

Collaboration what holds the ARCH together. Without collaborating, youth and families cannot build these core components of development.

Building Resilience Using ARCH

intentional activation of best practice for a trauma-informed purpose

	attachment	self-regulation	competence	health
ALL STUDENTS				
SOME STUDENTS (SMALL GROUPS)				
A FEW STUDENTS (INDIVIDUALS)				
PARENTS/ FAMILY				



STEP 1: UNDERSTANDING THE CHILD AS A WHOLE

Child's Name: _____

Date of Birth: _____

Child's School: _____

Date of Completion: _____

Teacher: _____

Grade Level: _____

	STRENGTHS	CHALLENGES
Health & Well-Being		
Competence		
Self-Regulation		
Relationships		

	collaboration	attachment	self-regulation	competence	health
<p>ROOT CAUSES OR URGENT CONCERNS:</p> <p>1.</p> <p>2.</p> <p>3.</p>					
<p>RESPONSES:</p> <p>1.</p> <p>2.</p> <p>3.</p>					